


# An Expressive Arts **FREE** Weekend for Women Struggling with Fertility

Friday, April 3rd (**FREE**) and Saturday, April 4th (**by donation**)

Space is limited. Call for details and to register: 949.715.5486 (Please RSVP!) – Weekend valued at \$225



"Art that arises out of the inner landscape  
and is connected to our lived experience,  
illuminates the darkness and heals the soul."

- Daria Halprin

This 2-day workshop is designed for women seeking new approaches for coping with the emotional, physical and mental challenges of infertility. Join us and experience a safe & creative outlet to express and explore. Because no two family stories or journey's are alike...each of us takes a different path to understanding and coping with our infertility. Experience coming back to yourself and your bodies wisdom. Using the Internationally recognized Life/Art Process you will creatively gather valuable resources to support you wherever you are today!

**NO EXPERIENCE NECESSARY!!!**

**WHEN:** Friday, April 3rd, 7-10pm & Saturday, April 4th, 11-5pm

**WHERE:** Kensho Awareness Center, 1438 S. Coast Highway, Laguna Beach, CA

**COST:** Friday evening is FREE – Saturday, by donation! All art supplies are included.

Lisa R. Pettigrew, MFA, is an Associate Teacher and President of the Board of Directors for the Tamalpa Institute. Founded in 1978 by renowned pioneers Anna & Daria Halprin, the Institute is the first in the world dedicated to offering a movement-based Expressive Arts Therapy program. Lisa's work draws from the Life/Art Process & her extensive experience as a professional dancer, educator and choreographer. She brings both an artistic and compassionate perspective to her work.

To learn more about her visit: [www.lisapettigrew.org](http://www.lisapettigrew.org)